## L&I WORKPLACE MENTAL HEALTH CAMPAIGN

## **CAMPAIGN ACTIVITY**

- The Construction Advisory Mental Health Subcommittee's goals served as the foundation for the campaign team's vision.
- The 2025 campaign is yearlong, with an emphasis in May for Mental Health Awareness month and September for Suicide Prevention month.
- May's campaign activities were focused on "The Value of Connection"
- The campaign team will keep the CAC Mental Health subcommittee informed about our progress and initiatives, and invite feedback and ideas to stregthen our efforts.

## L&I WORKPLACE MENTAL HEALTH CAMPAIGN

## **CAMPAIGN TEAM**

Reach out to us with questions, ideas, or feedback:

Olivia Spransy, DOSH Operations Program Analyst Olivia.Spransy@Lni.wa.gov

Whitney Rodriguez, DOSH Consultation Operations Program Specialist Whitney.Rodriguez@Lni.wa.gov

**Chris Metz**, Occupational Safety and Health Professional, Education & Outreach Service <a href="mailto:Christopher.Metz@Lni.wa.gov">Christopher.Metz@Lni.wa.gov</a>

Michael Day, DOSH Industrial Hygienist Michael.Day@Lni.wa.gov